






# TTR Week 2 Bible Devotion: Surrendering Control


*Theme: Releasing our grip and trusting God's authority.*

## Day 8 – Deny Yourself, Follow Christ


 *Scripture:* Matthew 16:24 – “Whoever wants to be my disciple must deny themselves and take up their cross and follow me.”


 *Devotion:* Freedom begins when we stop trying to control everything. Jesus calls us to surrender—not just our struggles, but our entire lives. Following Him requires letting go of self-centered living.


 *Prayer:* Lord Jesus, help me to deny myself today. Teach me what it means to fully follow You in every area of my life.


 *Action Step:* Write down one area you resist surrendering. Pray specifically over it, asking God to take the lead.

## Day 9 – Submit to God, Resist the Enemy


 *Scripture:* James 4:7–8 – “Submit yourselves, then, to God. Resist the devil, and he will flee from you. Come near to God and he will come near to you.”


 *Devotion:* Victory over strongholds starts with submission. When we yield to God, the enemy loses his grip. Drawing near to God fills us with His presence and strength.


 *Prayer:* Father, I submit my heart, mind, and will to You. Draw near to me as I draw near to You.


 *Action Step:* Begin and end your day with 2 minutes of silence, intentionally drawing near to God.

## Day 10 – Rest for the Weary


 *Scripture:* Matthew 11:28–30 – “Come to me, all you who are weary and burdened, and I will give you rest.”


 *Devotion:* Strongholds weigh us down. Jesus invites us to exchange our heavy burdens for His light and easy yoke. Surrender isn’t losing—it’s gaining peace.


 *Prayer:* Jesus, I bring my burdens to You. Teach me to walk in Your rest instead of carrying weight I was never meant to bear.


 *Action Step:* Write down your biggest burden. Pray aloud, releasing it into Jesus’ hands.

## Day 11 – Crucified with Christ


 *Scripture:* Galatians 2:20 – “I have been crucified with Christ and I no longer live, but Christ lives in me.”


 *Devotion:* Surrender means dying to our old ways. Our identity is no longer in our failures or strongholds, but in Christ living within us.


 *Prayer:* Lord, I lay down my old self today. Live through me so that my life reflects Your power and freedom.


 *Action Step:* Each time a negative thought surfaces today, remind yourself: “*That’s not who I am. Christ lives in me.*”

## Day 12 – Release Anxiety Through Prayer


 *Scripture:* Philippians 4:6–7 – “Do not be anxious about anything, but in every situation, by prayer and petition, with thanksgiving, present your requests to God.”


 *Devotion:* Anxiety often builds strongholds in our minds. God’s remedy is prayer and thanksgiving, which guard our hearts with His peace.


 *Prayer:* Father, instead of holding onto worry, I release my anxieties to You. Thank You for being faithful.


 *Action Step:* Write out 3 worries. Turn each into a prayer of thanksgiving, trusting God with the outcome.

## **Day 13 – Do Not Fear, God Holds You**


 *Scripture:* Isaiah 41:10 – “So do not fear, for I am with you; do not be dismayed, for I am your God.”


 *Devotion:* Fear keeps us clinging to control. God reminds us that His presence and strength are enough—we don’t have to hold everything together.


 *Prayer:* Lord, when fear rises, remind me You are with me. I choose to trust Your strength instead of my own.


 *Action Step:* Whenever fear comes today, pause and speak: “*God is with me. I will not fear.*”

## **Day 14 – Hands Open in Surrender**

 *Scripture:* Psalm 37:5 – “Commit your way to the Lord; trust in him and he will do this.”

 *Devotion:* Surrender is more than a one-time decision—it’s a daily practice. Each morning, we can choose to open our hands and give God control of our day.

 *Prayer:* Lord, I open my hands to You today. I commit my ways to You and trust that You will lead me.

 *Action Step:* Take a prayer walk. As you walk, physically open your hands upward as a symbol of giving control to God.